

Copy No. ____ of 19

CU 1085-28 (OIC)

105 RC(Army)CC
170 Church Street
Streetsville, ON L5M 1M6

15 May 2021

Distribution List

Op O 03/21

OPERATIONS ORDER VIRTUAL LAND 1/21

Time Zones: All timings are Local

Refs: A. Email CO to Offrs, OIC – FTX and MST Activity Appointments, 19 Oct 20, 17:06 hrs (NOTAL);
B. Unit Virtual Trg Plan Calendar, Sep 2020,
C. 105 RCACC 2020-21 Trg Plan (NOTAL), and
D. 105 RCACC CSAR, 3 May 21.

Situation: Cadets of 105 Royal Canadian Army Cadets will participate in an Orienteering exercise.

1. A training component of the LHQ training year includes field training as part of a navigation and trekking training exercise. 105 Royal Canadian Army Cadet Corps (RCACC) Cadets and Staff will participate in a two-phase training exercise on 15 May 2021 with components being virtual training and an optional self-guided experiential activity. Note that certain Annexes will be withheld from Ex participants as they contains Answer Keys.

Mission:

2. 105 RCACC will conduct its annual Map and Compass and GPS Navigation FTX modified to the COVID-19 environment to train and assess all cadets in the applicable POs. The training will be held virtually on 15 May 2021 with optional experiential training to occur on weekends during the following two week period with family or same household members attending.

Execution:

3. Concept of Operations:
 - a. This exercise will be conducted in four phases;
 - 1) Phase One: Establish Orienteering and GPS Courses, identifying key personnel, and requisition of resources;

- 2) Phase Two: Virtual Execution of activity;
 - 3) Phase Three: Execution of optional experiential activity; and
 - 4) Phase Four: End Ex Drills.
4. Task Organization:
- a. Grouping and Taskings:
 - 1) Phase One;
 - a) Groupings: All activities WRT to this Ex shall come under the direction of the OIC,
 - b) Taskings:
 - 1. OIC:
 - aa. Conduct on O Grp – 11 May 21;
 - ab. Complete duty roster for Ex;
 - ac. To coordinate a site recce with the 2 I/C to validate the GPS coordinates as listed at Annex F and identify which specific symbol is associated with each individual location. (PHM measures to be strictly followed for this activity);
 - ad. Set timeline for lessons to be taught during Phase Two;
 - ae. Ensure Duty Officers are informed of responsibilities while on duty; and
 - af. Ensure OpO and training schedule are posted on social media and unit website.
 - 2. 2IC:
 - aa. Find and select free compass app available for most platforms NLT 15 May 21 and provide info on how to download and remove app;
 - ab. To work with OIC to assist in the site recce to validate the GPS coordinates as listed at Annex F and identify which specific symbol is associated with each individual location. (PHM measures to be strictly followed for this activity); and
 - ac. Execute other assign taskings from OIC.
 - 3. NCOIC:
 - aa. With oversight from the OIC and 2I/C, the NCOIC will plan / layout a map and compass / orienteering course suitable for Green and Red Star Cadets. The Course will be based on experiential lessons found at the Red Star IG Chapter PO 222 Navigate Along A Route Using A Map And Compass;

- ab. With oversight from the OIC and 2I/C, the NCOIC will plan / layout a GPS course that is to include map and compass / orienteering components, suitable for Silver and Gold Star Cadets. The Course will be based on lessons at the Silver Star IG Chapter 13, PO 322, Plot Location On A Topographical Map Using A Global Positioning System and incorporating experiential components of Red Star IG Chapter 12, PO 222 Navigate Along A Route Using A Map And Compass;
 - ac. Ensure all lessons required to be taught during Phase Two are assigned and lesson plans submitted by 13 May 2021; and
 - ad. Other duties as assigned by OIC.
- 4. Unit Network Coordinator:
 - aa. Either using established virtual classrooms or creating additional classrooms, advise the OIC on where each lesson can be taught IAW the Trg Matrix at Annex A, and
 - ab. Set up a Google Classroom Parade Square Exercise tab as location for having returns uploaded so assessment and grading can be conducted of the Reports and Returns from Cadets; and
- 2) Phase Two:
 - a) Grouping: As per Phase One.
 - b) Taskings:
 - 1. OIC:.
 - aa. Conduct a Safety Briefing to all Cadets, Officers, and Staff during OIC introduction at commencement of virtual training;
 - ab. Planning, tasking of Star Level Coordinators, supervision of training staff;
 - ac. Ensure the NCOIC is aware of any details that may have been missed; and
 - ad. Provide closing instructions along with appropriate duty contacts for Phase Three;
 - 2. 2IC:
 - aa. Confirm all lessons for as outlined at Annex A were taught prior to commencement of Phase Three, and
 - ab. Any duties as assigned by OIC.

3. NCOIC:
 - aa. Ensure instructors are prompt and prepared for their lessons;
 - ab. Assign extra Sr. Cadets to assess, help supervise and participate in lessons;
and
 - ac. Ensure all lessons are taught based on the timetable and assigned lesson list.
 4. Green, and Red Stars:
 - aa. To participate in virtual training on 15 May 21 regardless of whether there is intention to participate in the optional PT phase of this activity; and
 - ab. Have access to cellular device or computer/laptop for the purpose of training;
 5. Silver and Gold Stars:
 - aa. To participate in virtual training on 15 May 21 regardless of whether there is intention to participate in the optional PT phase of this activity; and
 - ab. Have access to cellular device or computer/laptop for the purpose of training;
 6. Master Cadets: Mentor and assist Green, Red, Silver, and Gold via virtual platform if not specifically assigned to instruct.
 7. Star Level Coordinators:
 - aa. Oversee the lessons of specific star level as assigned; and
 - ab. Assigned duties as per duty roster.
 8. Admin O: Record attendance and enter into FORTRESS; and
 9. COVID-19 Safety Officer: Will electronically, by email, collect the completed COVID-19 Self-Assessment Tool from any individual participating in the FTX who has had to interact with individuals outside of their PHM mandated bubble. Full ESM at Annex L;
- 3) Phase Three:
- a) Grouping: As per Phase One.
 - b) Taskings:
 1. All personnel:
 - aa. Complete COVID-19 Self-Assessment Tool at Annex F if they believe they have inadvertently interacted with individuals outside of their PHM mandated bubble who appear unwell and deposit the completed document in the Cadet Corps email mailbox.

2. OIC:
 - aa. Ensure duty personnel are prepared and have method to contact if needed;
and
 - ab. Be available as issues arise.
3. 2IC:
 - aa. Available as needed at request of OIC; and
 - ab. Collect data from participating individuals and submit to respective Star Level Coordinator via Virtual Platform.
4. NCOIC:
 - aa. Be in contact with Master Cadets to ensure maximum participation in this phase of the activity.
5. Green, and Red Stars:
 - aa. Participate using the Orienteering map found at Annex I;
 - ab. Use map and compass to plot the route IAW directions listed at Annex H to locate Flags;
 - ac. Once the flag is found, record on the score/ answer sheet found at Annex H the type of animal found on the flag; and
 - ad. Submit to Virtual network (Google Classroom Parade Square MST tab).
6. COVID-19 Safety Officer: Will electronically, by email, collect the completed COVID-19 Self-Assessment Tool from any individual participating in the FTX who has had to interact with individuals outside of their PHM mandated bubble. Full ESM at Annex L;
7. Silver and Gold Stars:
 - aa. Participate using GPS map found at Annex K;
 - ab. Use GPS coordinates or map and compass to plot the route IAW directions listed at Annex J to locate Flags;
 - ac. Record on the score/ answer sheet found at Annex H the type of animal found on the flag; and
 - ad. Submit to Virtual network (Google Classroom Parade Square MST tab).

8. Master Cadets:
 - aa. Participate in this aspect of the activity. Master Cadets have the option of participating in either the Green / Red Orienteering course {see para 3, a, 3), b), iii, aa and ab above} or the Silver Gold GPS Orienteering course {see para 3, a, 3), b), iv, aa and ab above};
 - ab. Use cellular devices to input GPS coordinates to locate flags;
 - ac. Locate flags and record on the score/ answer sheet found at Annex H (for Orienteering Course) or at Annex J (for the GPS / Orienteering Course) the type of animal found on the flag; and
 - ad. Submit to Virtual network (Google Classroom Parade Square MST tab);
 9. Duty Officers:
 - aa. To be on call to assist all Cadets during scheduled timings IAW matrix at Annex D;
 - ab. To be on station IAW proscribed locations as at Annex D; and
 - ac. Collect data from participating individuals and submit to respective Star Level Coordinator via Virtual Platform if cadet is having issues posting themselves.
 10. COVID 19 Safety Officer Will electronically, by email, collect the completed COVID-19 Self-Assessment Tool from any individual participating in the FTX who has had to interact with individuals outside of their PHM mandated bubble. Full ESM at Annex L
- 4) Phase 4
- a) Grouping: As per Phase One.
 - b) Taskings:
 1. OIC
 - aa. Conduct debrief 11 May 2021
 - ab. Complete and submit AAR 25 May 21.
 2. Admin O: Record attendance of Phase 3 participants and enter into FORTRESS.
 3. 2IC: Duties as assigned by OIC.
 4. Star Level Coordinators:
 - aa. Debrief cadets to get feedback on the activity and lessons;
 - ab. Complete Performance Check documentation for respective participating Cadets; and
 - ac. Update FORTRESS, if no access to Fortress, provide results to TrgO NLT 27 May 21.

5. Trg O
 - aa. Confirm training results have been entered by Level Coordinators; and
 - ab. If Level Coordinators are unable to enter the Trg results into FORTRESS, enter the results into that database.
- c) Coordinating Instructions:
 1. Timings:
 - aa. Phase One completed by 04 May 21
 - ab. Phase Two completed by 11 May 21
 - ac. Phase Three completed by 23 May 21; and
 - Ad. Phase Three completed by 25 May 21

Service Support:

6. Rations: Meal and associated beverages will be provided by the individual participants for their own consumption at their own expense.
7. Stores: Listed at Annex C and photo of kit as well as backpack must be submitted with other documentation.
8. Medical:
 - a. All cadets must carry their OHIP card during the conduct of this FTX,
 - b. All participants will complete the COVID-19 Self-Assessment Tool, found at Annex D, and deposit the completed document in the Cadet Centre building mailbox, located beside the main entrance doors if they become in close contact with any other individual outside of their PHM mandated bubble, and
 - c. This exercise will be conducted IAW all public health safety measures for COVID-19. All individuals participating in the physical training must have mask available if public health physical distancing guidelines cannot be met.
9. Dress:
 - a. For virtual videoconference: CADPAT, FTU, Black and white;
 - b. For experiential training, i.e. Nav / Trek: Participants, Civilian Dress; Duty Officers CADPAT; and
 - c. Post Ex videoconference: Dress of the Day if the debrief is conducted on a parade night, CIVIS if conducted at any other time.

Command and Signals

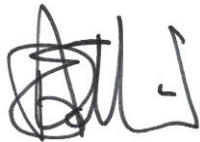
10. Command Structure:
 - a. OIC, Lt. N. Harper;
 - b. 2IC, Pte. D. Perez;
 - c. NCOIC, MWO D. Mehta;

11. Contact Personnel / Tel Nos
 - a. OIC, 647-458-6345, and;
 - b. 2IC, 416-635-4254.
12. . Duty Staff Matrix: For individual level taskings to be promulgated when developed and at that time will be available for print out on Google Classroom – Parade Square Tab NLT Thurs 13 May 21.

Acknowledgement Instructions: ACK

Authentication

N. Harper
Lt
Officer in Command
C: 647-458-3645



E. Edelswärd
Maj
Commanding Officer
H: 905-848-6545
C: 416-577-3743

Annexes

Annex A: Virtual Training Matrix;
Annex B: Flag Identities
Annex C: Stores Equipment List
Annex D: COVID-19 Self-assessment Tool
Annex E: Duty Officer Staffing For Phase 3
Annex F: Timings and Sequence of Events
Annex G: FLAG GPS Coordinates And Answer Key (NOTAL) NOTE: This Annex is NOT to be released to Cadets.
Annex H: Orienteering Course Instructions
Annex I: Orienteering Course Map (NOTAL) NOTE: This Annex is NOT to be released to Cadets until completion of Phase 2.
Annex J: GPS Course Instruction
Annex K: GPS Course Map Map (NOTAL) NOTE: This Annex is NOT to be released to Cadets until completion of Phase 2.
Annex L: ESM for COVID-19 email submissions

Distribution List: Next Page

Distribution List

COPY #

Action

2IC 1 Electronic
NCOIC 2 Electronic
Trg O 3 Electronic
Star Level Coordinators 4-8 Electronic
COVID-19 Safety Officer 9 Electronic
Admin O 10 Electronic
Unit Network Coordinator 11 Electronic

Info

CO 12 Electronic
RSM 13 Electronic
DSM 14 Electronic
TSM 15 Electronic
Sup O 16 Electronic
105 RCACC CSC Chair 17 electronic
RCSU 18 Electronic as attached to the CSAR
File 19 Hardcopy

Annex A
 To OPO 03/21
 OPERATIONS ORDER EX VIRTUAL LAND 1/21
 Dated 15 May 2021

VIRTUAL TRAINING MATRIX

Saturday Mayil 10,2021 Virtual Training Schedule

Level	EO	Enabling Objective	Class Timing	Instructor
<u>Green Star and Red Star</u>		Arrival	0830-0845	
	M222.02	Describe Bearings	0920-1020	
	M222.03	Identify Parts of a Compass	1025-1055	
	M222.05	Orient a Map Using a Compass	1130-1200	
	M122.04	Orient a Map by Inspection	0845-0915	

Level	EO	Enabling Objective	Class Timing	Instructor
<u>Silver Star and Gold Star</u>		Arrival	0830-0845	
	M322.01	Review Red Star Navigation	0845-0915	
	M422.02	Set a Multi-Leg Route Using a GPS Receiver	0920-1120	

FLAG IDENTITIES

Can you spot them all?



There are twelve digitally printed 32" x 32" two-sided vinyl flags hung in trees spread throughout the park. Each flag is based on a watercolour of species found in Credit River Watershed, currently and historically, including six at-risk species, species whose numbers are declining to the point of concern about their potential disappearance from the region.

NOTE: Images of flags are displayed below. There is also a short description of the animal which may include range, habits, or unique facts. Those annotated with an "*" are species at risk.



Atlantic Salmon*

Atlantic Salmon were eliminated from Lake Ontario in 1898 and, in the following century, Pacific salmon were stocked in the lake. Salmon spend their adult life in the lake before making their way up rivers and creeks to spawn. With improvements in water quality and stream habitat in the last few decades, an Atlantic salmon restoration program was initiated in 2006 to reintroduce Atlantic salmon to its historical range.



Blanding's Turtle*

Blanding's Turtles are easily identified by their bright yellow chin and round shell. Rare in southern Ontario, the Blanding's turtle spends its time in wetlands but requires open habitat on land to lay its eggs.



Eastern Milksnake*

Eastern Milksnake though often confused with a rattlesnake, is harmless to humans. It feeds primarily on small rodents such as mice, spending its time in grasslands and woodlands.



Eastern Ribbonsnake*

Eastern Ribbonsnakes spend most of their time in and around water searching for its main source of food, frogs. In the winter, ribbonsnakes move to underground burrows on land to hibernate. The loss of wetlands is the leading reason for the decline of this species in Southern Ontario.



Green Heron

Green Heron is a relatively common beautiful bird that often goes unseen as it spends its time amidst the vegetation at the water's edge. Green herons are one of the few bird species that is known to use tools, luring fish with twigs and insects.



Northern Leopard Frog

Northern Leopard Frogs can be found in wetlands and grasslands sometimes far from open water. They hibernate and breed in waterbodies.



Osprey

Ospreys are brown and white large hawks that spend almost all their time at the water. This bird can be seen diving underwater to catch its prey, live fish.



Rapids Clubtail Dragonfly*

Rapids Clubtail is a rare dragonfly species that was last documented in the Credit River watershed at Erindale Park in 1939. Males are found along cool large rivers where they perch on rocks. Females on the other hand, live in the forests along the rivers and visit river shallows to mate and lay eggs.



Snapping Turtle*

Snapping Turtles can be found in shallow water cruising along the bottom amidst the mud. They come out of the water rarely to bask or nest. Unlike other turtles, snapping turtles can't retract fully into their shell and must use their powerful jaws to defend themselves when threatened on land.



Spotted Salamander

Spotted Salamander lives in moist forests that have pools of open water in spring for breeding. They are difficult to spot spending most of their time hidden from view on the forest floor or underground.



Northern Spring Peeper

Northern Spring Peeper is a sensitive frog with a brown X on its back and a distinctive breeding call. It breeds in small woodland pools and spends most of its adult life in the leaf litter on the forest floor.



Wood Duck

Wood Ducks are unique in its beautiful plumage and habitat. Unlike most ducks, wood ducks nest in cavities in trees. They are found in specific areas with water and established treed areas (older trees are larger in size and may have developed cavities over time to provide a nesting spot) in close proximity to each other.

STORES EQUIPMENT LIST

Virtual Training (Phase One)

- Access to Computer (i.e. videoconference access)
- Writing paper / Notepad
- Pen or Pencil

Before you participate

For your own safety you are not permitted to participate in this activity on your own. You must travel either with a sibling, parent or individual in your social bubble.

It is recommended that you ask a parent to take you to and pick you up from Erindale Park. Ideally they can participate in this activity with you. However if you opt to take public transit you will require exact fare for the trip to and again for the trip from this FTX of which you must provide for yourself. Additional travelers with you will also be required to pay their way on the public transit. Due to the nature of this FTX, the Cadet Corps cannot refund monies spent by the Cadet or their travelling companion(s).

Bus Fare (as taken from the Miway [Mississauga transit] website)

Type of fare Youth age 13 to 19 price

Cash single fare \$4.00

PRESTO single fare \$2.35

You may be asked to show ID that proves your age when boarding the bus.

Transportation to Erindale Park is to be arranged and coordinated by the individual participants. Cadets can take public transit, be dropped off and picked up by a responsible individual or reputable private hire car (taxi). The Cadet Corps assumes no risks nor the responsibility for costs incurred.

NAVIGATION KIT LIST (EXPERIENTIAL TRAINING)

Mandatory

- Comfortable boots or closed-toed shoes that are appropriate for walking.
- Backpack
- Camera or Cellphone
- 1 Litre Water Bottle – filled
- Field Note Pad
- Writing utensil (Pen or pencil)
- Hand Sanitizer
- Mask for when social distancing cannot be met.
- Trail description and task list (Annex B)
- Duty Officer contact information for the date of your Trek (at Annex D)

Green Stars, Red Stars

- Compass or Cellphone with compass app loaded

Silver Stars, Gold Stars, Master Cadets

- GPS or Cellphone with GPS capability

Optional

- Rain Coat (weather dependent)
- Snacks

COVID-19 SELF-ASSESSMENT TOOL

All personnel must screen for COVID-19 one day before going on this FTX. Parents/guardians of Cadets under the age of 18 must sign verifying this form after filling it out. Adults and Cadets age 18 will sign to verify this form. When completed, this form is to be submitted to the Unit COVID 19 Safety Officer.

Date (mm-dd-yyyy)_____ Cadet Name_____

Screening Questions (place an "X" in the appropriate column)

1. Are they currently experiencing any of these symptoms?

Choose any/all that are new, worsening, and not related to other known causes or medical conditions.

Fever and/or chills Temperature of 37.8 degrees Celsius/100 degrees Fahrenheit or higher †	Yes	No
Cough or barking cough (croup) Continuous, more than usual, making a whistling noise when breathing, not related to other known causes or conditions (for example, asthma, postinfectious reactive airways)	Yes	No
Shortness of breath Out of breath, unable to breathe deeply, not related to other known causes or conditions (for example, asthma)	Yes	No
Decrease or loss of smell or taste Not related to other known causes or conditions (for example, allergies, neurological disorders)	Yes	NO

2. Are they currently experiencing any of these symptoms? Choose any/all that are new, worsening, and not related to other known causes or medical conditions.

Sore throat or difficulty swallowing Painful swallowing, not related to other known causes or conditions (for example, seasonal allergies, acid reflux)	Yes	No
Runny or stuffy/congested nose Not related to other known causes or conditions (for example, seasonal allergies, being outside in cold weather)	Yes	No
Headache that's unusual or long lasting Not related to other known causes or conditions (for example, tension-type headaches, chronic migraines)	Yes	No
Nausea, vomiting and/or diarrhea Not related to other known causes or conditions (for example, irritable bowel syndrome, anxiety in children, menstrual cramps)	Yes	No
Extreme tiredness that is unusual or muscle aches Fatigue, lack of energy, poor feeding in infants, not related to other known causes or conditions (for example, depression, insomnia, thyroid dysfunction, sudden injury)	Yes	No

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3. Have they travelled outside of Canada in the last 14 days?

Yes No

4. In the last 14 days, has a public health unit identified them as a close contact of someone who currently has COVID-19?

Yes No

5. Has a doctor, health care provider, or public health unit told them/you that they should currently be isolating (staying at home)?

Yes No

6. In the last 14 days, have they received a COVID Alert exposure notification on their cell phone?

Yes No

Results of Screening Questions

If you answered "YES" to any of the symptoms included under question 1:

- You should isolate (stay home) and not leave except to get tested or for a medical emergency.
- Talk with a doctor/health care provider to get advice or an assessment, including if they need a COVID-19 test.

If you answered "YES" to only one of the symptoms included under question 2:

- You should isolate (stay home) for 24 hours and not leave except for a medical emergency.
- Check your local public health unit's website or call to see if they have different rules based on local risk.

If you answered "YES" to two or more of the symptoms included under question 2:

- You should isolate (stay home) and not leave except to get tested or for a medical emergency.
- Talk with a doctor/health care provider to get advice or an assessment, including if they need a COVID-19 test.

If you answered "YES" to question 3, 4, 5, or 6

- You should isolate (stay home) for 14 days and not leave except to get tested or for a medical emergency.
- Talk with a doctor/health care provider to get advice or an assessment, including if they need a COVID-19 test.

If you answered "NO" to all questions, you may go to FTX.

Print Parent/Guardian

Name Parent/Guardian Signature

Annex E
To OPO 03/21
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DUTY OFFICER STAFFING FOR PHASE 3

Shift	Duty Officer	Contact Number
Sunday 16 May: 09:00 - 14:00 hrs		
Sunday 16 May: 14:00 - 20:00 hrs		
Saturday 22 May: 09:00 - 14:00 hrs		
Saturday 22 May: 14:00 - 20:00 hrs		
Sunday 23 May: 09:00 - 14:00 hrs		
Sunday 23 May: 14:00 - 20:00 hrs		

Duty Officers will conduct their tour of duty while maintaining the ability to send and receive text messages.

Duty Assignments TBD at time of Op O issue. FRAG O of this Annex when populated will be cascaded
NLT 13 May 21

Annex F
To OPO 03/21
OPERATIONS ORDER EX VIRTUAL LAND 1/21
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TIMINGS AND SEQUENCE OF EVENTS

Timings and Sequence of Events;

Phase One

Present – 18:00 hrs 04 May 21

Preparations by the personal designed in this Op O.

Phase Two

19:00 – 19:30 hrs 11 May 21

Safety briefing for all cadets, officers and staff.

Phase Two

08:00 hrs 13 May 21 – 19:00 hrs 15 May 21

Cadets are encouraged to participate with their families and siblings during optional activity.

Phase Three

19:00 hrs 23 May 21

All data is to be submitted to the respective officer or staff.

Phase Four:

19:00 hrs 25 May 21

All Officers and Staff will participate in a debrief and submit an AAR to the OIC.

Annex G
To OPO 03/21
OPERATIONS ORDER EX VIRTUAL LAND 1/21
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FLAG GPS COORDINATES AND ANSWER KEY

Answer Key Withheld in this Op O issue

Orienteering Course Instructions

All Cadets have an option to participate in the Orienteering portion of this Field Training Exercise. Family or same household members are to accompany the participating Cadet during the duration.

Option One:

1. Find a local park near residence.
 - a. They will text the Duty Officer that they are beginning their course and contact if there is an emergency situation.
2. The cadet will empty the contents of their backpack and take a photograph of the contents and return the contents to the backpack. This is to confirm that the items listed on the Personal Kit List have been brought for the activity.
3. Locate a point of interest at the park.
4. The point of interest will be used to shoot a bearing. Using an actual compass or an application based compass found online.
5. Upon completion submit a photo of the point of interest and the bearing to the Google Classroom Parade Square Exercise tab – Explained in the virtual portion of classes.
6. The final task is to text the Duty Officer to announce that you have completed the course

Option Two:

7. Cadets will begin the course from **the main parking lot near** the main cross walk from the parking lot at the entrance to the park.
 - a. They will text the Duty Officer that they are beginning their course and contact if there is an emergency situation.
8. The cadet will empty the contents of their backpack and take a photograph of the contents and return the contents to the backpack. This is to confirm that the items listed on the Personal Kit List have been brought for the activity.
9. Further steps to be laid out here as required as the Course is developed.
10. Following the long shot, when you have reached the marker, you are to text in to the Duty Officer the image on the flag. This is to confirm that you are at the right flag. If you are at the wrong flag you will be asked to go back to the last flag and do this leg of the course again.
11. Upon completion of the course you are to take a photograph of this page showing the listing of the flags in the spreadsheet below {Next Page}. The photograph is to be sent to the Google Classroom Parade Square Exercise tab – Explained in the virtual portion of classes.
12. The final task is to text the Duty Officer to announce that you have completed the course.

Annex H
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Orienteering Course Answer / Score Sheet

Flag	Animal		Flag	Animal
1			7	
2			8	
3			9	
4			10	
5			11	
6			12	

Annex I
To OPO 03/21
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Orienteering Course Map

NOTE: This Annex is NOT to be released to Cadets until completion of Phase 2.

Image of completed map with Compass course TBD at time of Op O issue. FRAG O of this Annex when populated will be cascaded NLT 13 May 21

GPS Course Instruction

All Cadets have an option to participate in the Orienteering portion of this Field Training Exercise. Family or same household members are to accompany the participating Cadet during the duration.

Option One:

1. Find a local park near residence.
 - a. They will text the Duty Officer that they are beginning their course and contact if there is an emergency situation.
2. The cadet will empty the contents of their backpack and take a photograph of the contents and return the contents to the backpack. This is to confirm that the items listed on the Personal Kit List have been brought for the activity.
3. Locate three points of interest at the park.
4. The point of interests will be used for coordinate collect. Using Google Maps, drop a pin on the locations. Convert Google Map coordinates into Degrees, Minutes and Seconds.
5. Upon completion submit a photo of the point of interest and the converted coordinates to the Google Classroom Parade Square Exercise tab – Explained in the virtual portion of classes.
6. The final task is to text the Duty Officer to announce that you have completed the course

Option Two:

1. Cadets will begin the course from **the main parking lot near** the main cross walk from the parking lot at the entrance to the park. At this location they will be in view of the Duty Officer.
2. They will text the Duty Officer that they are beginning their course. They will not interact with the Duty Officer in-person due to COVID -19 restrictions unless there is an emergency situation.
3. The cadet will empty the contents of their backpack and take a photograph of the contents and return the contents to the backpack. This is to confirm that the items listed on the Personal Kit List have been brought for the activity.
4. Upon completion of the course you are to take a photograph of this page showing the listing of the flags in the spreadsheet below {Next Page}. The photograph is to be sent to the Google Classroom Parade Square Exercise tab (Identify exactly where and how to send the image to the site)
5. The final task is to text the Duty Officer to announce that you have completed the course.

Annex J
To OPO 03/21
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GPS Course Answer / Score Sheet

Flag	Animal		Flag	Animal
1			7	
2			8	
3			9	
4			10	
5			11	
6			12	

Annex K
To OPO 03/21
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GPS Course Map

NOTE: This Annex is NOT to be released to Cadets until completion of Phase 2.

Image of completed map with GPS / Compass course TBD at time of Op O issue. FRAG O of this Annex when populated will be cascaded NLT 13 May 21

Annex L
To OPO 03/21
OPERATIONS ORDER EX VIRTUAL LAND 1/21
Dated 15 May 2021

Emergency Scene Management Procedure Of A Suspected Or Confirmed Positive COVID-19 Result As Determined By the COVID-19 Self-Assessment Tool Questionnaire (Annex E)

1. The Unit COVID-19 Safety Officer will collect all questionnaires from the Cadet Centre email mail box at the end of each training day.
2. They will assess each submitted questionnaire to determine if individuals are of a substantial risk of contracting or are confirmed to have the COVID-19 virus.
3. Any suspected or positive results will be documented and the list will be forwarded to the Unit Commanding Officer.
4. The Unit Commanding Officer will advise the Zone Training Officer of the situation, providing the list as developed by the Unit COVID-19 Safety Officer