

Annex E

EX EVERGREEN BATTERY

Date: 27 – 29 Sept 2019

PERS KIT LIST (To be packed from home)

The following **BOLD PRINT** items are required by **all Cadets**:

Carrying bag for personal kit (no suitcases or rolling bags) MUST BE "HANDS FREE"

Backpack/daypack

Water bottle/Canteen

Health Card

Parental Consent Form

Clothing (for Cadets without field training uniform)

1 X Hat (Tilley, baseball or otherwise)

2 X T-shirt

2 X pr Pants (NOT Cotton/Jeans)

1 X jacket (windbreaker/rain-resistant)

Clothing (for Cadets with field training uniform)

Cbt boots

Cbt pants

Cbt shirt (RAINGEAR TOO)

2 X Crew neck T-shirt, Green

Rank Slip-Ons

1 X Hat (Beret/Tilley or otherwise)

Clothing (Common to all Cadets)

1 X field-appropriate sleeping attire

2 X pr underwear

1 X Warm pullover, sweater or fleece

3 X pr heavy socks / 3 X cotton socks

Clothing (Officers and Adult Staff): Issued / applicable Fd clothing IAW Fd Ex requirements, weather conditions and specific Taskings.

Toiletries / Equipment

5 X Sandwich size Zip lock bags

Insect Repellent

Lip Balm

Face cloth

Hand towel

Sunscreen

Toothbrush & paste

Shaving kit

Deodorant

Flashlight w/ extra batteries

Comb/brush

Kleenex

Optional Items: Book, playing cards, camera, Expedition Journal, multi-tool, locking blade pocket/jack knife, Personal First Aid Kit, Sit-upon, Map kit. Personal devices (Mobile phone) – {Note: there are no charging facilities available for. Usage will be strictly controlled IAW CF Orders. No responsibility for loss or damage will be assumed.}

Prohibited Items: Candy, gum, (i.e. critter attractants), straight knives, jeans, non-prescribed drugs, alcohol, any item that you treasure too much to lose.

Medication: is to prescribed pers only and is to be clearly marked with name, instructions and reported to the OIC or designate (DO / QM) prior to the departure for the Fd Ex.

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